

**Canadian High School Track Meet
Saturday March 22nd**

Scratch Meeting 8:00-8:45

FIELD EVENTS - VARSITY / JV BOYS

3 attempts then top 7 to finals JV – 4 throws / horizontal jumps

	<u>JV BOYS</u>	<u>VARSIY BOYS</u>
<u>9:00</u>	SHOT	DISCUS
	HIGH JUMP	POLE VAULT
	LONG JUMP	TRIPLE JUMP
<u>10:15</u>	DISCUS	SHOT
	POLE VAULT	HIGH JUMP
	TRIPLE JUMP	LONG JUMP

9:00

3200 M RUN **FINAL (All Divisions)**

9:45 RUNNING PRELIMS (VARSIY GIRLS)

- 400 M Relay
- 100 M Hurdles
- 100 M Dash
- 800 M Relay
- 400 M Dash
- 300 M Hurdles
- 200 M Dash

FIELD EVENTS - VARSITY GIRLS

3 attempts then top 7 to finals

	<u>VARSIY GIRLS</u>
<u>12:00</u>	DISCUS
	POLE VAULT
	TRIPLE JUMP
<u>1:15</u>	SHOT
	HIGH JUMP
	LONG JUMP

12:00 RUNNING PRELIMS (VARSIY BOYS)

- 400 M Relay
- 110 M Hurdles
- 100 M Dash
- 800 M Relay
- 400 M Dash
- 300 M Hurdles
- 200 M Dash

RUNNING FINALS – 3:30

400 M Relay

800 M Run

100 M Hurdles

110 M Hurdles

100 M Dash

800 M Relay

400 M Dash

300 M Hurdles

200 M Dash

1600 M Run

1600 Relay

Girls Divisions

Boy Divisions