

**Spearman Lynx Relays  
Thursday March 29th**

**Scratch Meeting 11:00-12:00**

**FIELD EVENTS – Will start at 12:30**

**3 attempts then top 7 to finals**

|                     | <b><u>JV BOYS</u></b> | <b><u>VARSITY BOYS</u></b> | <b><u>VARSITY GIRLS</u></b> |
|---------------------|-----------------------|----------------------------|-----------------------------|
| <b><u>12:30</u></b> | TRIPLE JUMP           | LONG JUMP                  | POLE VAULT                  |
|                     | SHOT PUT              | DISCUS                     | HIGH JUMP                   |
|                     |                       |                            |                             |
| <b><u>1:45</u></b>  | DISCUS                | POLE VAULT                 | SHOT                        |
|                     | HIGH JUMP             | TRIPLE JUMP                | LONG JUMP                   |
|                     |                       |                            |                             |
| <b><u>3:00</u></b>  | POLE VAULT            | SHOT PUT                   | TRIPLE JUMP                 |
|                     | LONG JUMP             | HIGH JUMP                  | DISCUS                      |

**2:00 3200 meter run (JVB, VG, VB)**

**5:00 RUNNING FINALS**

400 M Relay

800 M Run

100 M Hurdles

Girls Divisions

110 M Hurdles

Boy Divisions

100 M Dash

800 M Relay

400 M Dash

300 M Hurdles

200 M Dash

1600 M Run

1600 Relay