Here is the format for the upcoming scrimmage 8-5-16.

This schedule is for Var. JV. & 9<sup>th</sup>

Varsity – Event Center

JV- Field House (right next to Event Center)

9<sup>th</sup>- Elementary Gym (Located just beyond left-field of softball field)

8:00 am Sanford-Fritch vs River Road

8:30 am Borger vs Dimmitt

9:00 am Highland Park vs West Texas

9:30 am Sanford-Fritch vs Borger

10:00 am Highland Park vs River Road

10:30 am Dimmitt vs West Texas

11:00am Sanford-Fritch vs Highland Park

11:30am West Texas vs Borger

12:00 pm Dimmitt vs River Road

12:30pm Sanford-Fritch vs West Texas

1:00pm Dimmitt vs Highland Park

1:30pm River Road vs Borger

2:00pm Sanford-Fritch vs Dimmitt

2:30pm Borger vs Highland Park

3:00pm River Road vs West Texas

The format will be a 10 min. (4-4-2 warm-up) and 20 min running clock. As soon as game is finished the 10 min. warmup will start for the next game so be ready to play. We will flip for home team and visitor will take the net. Doesn't matter which side you sit on. You may stop and talk to your players any time but clock will not stop. There will be no time outs.