

46th NORTH PLAINS RELAYS

Dumas Demon Stadium

Friday April 7, 2017

FIELD EVENT SCHEDULE

	<u>Boys</u>	<u>Girls</u>
2:30 P.M.	Shot (JV/Varsity) Discus (JV/Varsity)	Discus (JV / Varsity) Shot (JV/Varsity)
2:30 P.M.	Long Jump (JV/Varsity) Triple Jump (JV/Varsity)	Triple Jump (JV/Varsity) Long Jump (JV/Varsity)
2:30 P.M.	High Jump (JV/Varsity) (5'2") Pole Vault (10' Varsity)	Pole Vault (6'6") High Jump (JV/Varsity) (4'2")

- **BOLD** lettering field events have a start time of 2:30 p.m.
- **Pole Vault will be completed in this order (Varsity Boys, Varsity Girls, JV Boys, JV Girls)**

RUNNING EVENTS SCHEDULE

3:00 P.M.	3200 M RUN (ALL DIVISIONS)
5:30 P.M.	4 X 100 M RELAY (ALL DIVISIONS)
	800 M RUN (ALL DIVISIONS)
	100 M (33") HURDLES – GIRLS (J.V. & VARSITY)
	110 M HIGH (39") HURDLES – BOYS (J.V. & VARSITY)
	100 M DASH (ALL DIVISIONS)
	4 X 200 M RELAY (ALL DIVISIONS)
	400 M DASH (ALL DIVISIONS)
	300 M LOW (30") HURDLES – GIRLS (J.V. & VARSITY)
	300 INTERMEDIATE (36") HURDLES – BOYS (J.V. & VARSITY)
	200 M DASH (ALL DIVISIONS)
	1600 M RUN (ALL DIVISIONS)
	4 X 400 M RELAY (ALL DIVISIONS)