

District 1-AA Jr. High Track Meet

Saturday, April 6, 2019

9:00 2400 Meter Run

Field Events

3 Attempts, Measure All Attempts, No Finals

Starting Height: PV – 7th, 8th Girls, 7th Boys - 6'0", 8th Boys 6'6"

HJ - Girls 4', Boys 4'2"

	Discus	Shot	Long Jump	Triple Jump	High Jump	Pole Vault
10:00	8 th Boys	7 th Girls	7 th Girls	7 th Boys	8 th Girls	8 th Boys
11:00	8 th Girls	7 th Boys	8 th Boys	8 th Girls	7 th Boys	7 th Girls
12:00	7 th Girls	8 th Boys	7 th Boys	7 th Girls	8 th Boys	8 th Girls
1:00	7 th Boys	8 th Girls	8 th Girls	8 th Boys	7 th Girls	7 th Boys

2:00 Break Lunch

Time Running Final

3:00	400 Relay	7 th Girls, 8 th Girls, 7 th Boys, 8 th Boys
3:15	800 Meter Run	7 th Girls, 8 th Girls, 7 th Boys, 8 th Boys
3:30	100 Meter Low Hurdles	7 th Girls, 8 th Girls
3:35	110 Meter High Hurdles	7 th Boys, 8 th Boys
3:45	100 Meter Dash	7 th Girls, 8 th Girls, 7 th Boys, 8 th Boys
4:00	800 Relay	7 th Girls, 8 th Girls, 7 th Boys, 8 th Boys
4:15	400 Meter Dash	7 th Girls, 8 th Girls, 7 th Boys, 8 th Boys
4:30	300 Meter Low Hurdles	7 th Girls, 8 th Girls
4:35	300 Meter Int. Hurdles	7 th Boys, 8 th Boys
4:45	200 Meter Dash	7 th Girls, 8 th Girls, 7 th Boys, 8 th Boys
5:00	1200 Meter Run	7 th Girls, 8 th Girls, 7 th Boys, 8 th Boys
5:20	1600 Relay	7 th Girls, 8 th Girls, 7 th Boys, 8 th Boys