



Regional Cross Country Meet Region 1 Monday October 28, 2019



Location: Mae Simmons Park, MLK Blvd & 24th Street, Lubbock.

Official Time: All times are central standard time. Official time can be determined at www.time.gov/.

Order of Race:

<i>Girls</i>	1A	9:00 am
	2A	10:00 am
	3A	11:00 am
	4A	12:00 pm
	*5A	1:00 pm
	*6A	2:00 pm

<i>Boys</i>	1A	9:30 am
	2A	10:30 am
	3A	11:30 am
	4A	12:30 pm
	*5A	1:30 pm
	*6A	2:30 pm

Race Lengths: 1A, 2A, 3A, and 4A Girls will run approximately 2 miles (3200 meters).
5A & 6A Girls and all Boys will run approximately 3 miles (5000 meters).